

HOW CAN I HELP?

Ideas for volunteers who are under 16 years old

Please make sure your parents or guardians are aware of your interest in help in the Megan Meier Foundation and agree to your participation.

HELP AT OUR OFFICE

The Megan Meier Foundation is always busy working on upcoming fundraising events, programs, special projects, etc. and could certainly use your help here at our office. If interested, please email info@meganmeierfoundation.org and let us know what day(s)/time(s) work best for you. Also, please double check that mom and dad are aware of your interest in volunteering and are comfortable with you coming into our office.

CELEBRATE MEGAN MEIER DAY

October 17th is Megan Meier Day. Gather members of your community and decorate or wear black and white polka dots to raise awareness for bullying, cyberbullying, and suicide. You can also perform acts of kindness and tag #ChangeStartsWith Me. You can share pictures of how you celebrated Megan Meier Day on social media and tag the Megan Meier Foundation!

OCTOBER IS ANTI-BULLYING MONTH

October is National Bullying Prevention Month - a month long event to prevent childhood bullying and promote kindness, acceptance, and inclusion. Head over to Pacer's website and take part in a few of their activities and challenges to show you are a champion against bullying. <https://www.pacer.org/bullying/nbpm/>

HOST A FUNDRAISING EVENT

1

BAKE SALE - Set up a table a week or two before Christmas or Valentine's Day and sell baked goods. Encourage the bakers to make them holiday related. You could do this before school, during lunch, or even at a sports game.

2

AWARENESS RUN/WALK - Work with the community to come up with a run/walk in the area. Choose a date and a route, make up some pledge forms, and advertise with posters. Have participants gather donations or pledges using their pledge forms. You can look at the different kinds like Susan G. Komen Race for the Cure or the Color Run.

3

PERFORM AN ACT OF SERVICE - Rake leaves, shovel snow, take care of a pet for a donation. When offering your service, ask the person who benefited from your actions for a donation toward your worthy cause

4

GET CREATIVE! - There are tons of great ideas for fundraisers out there. Check out this resource to find something that you feel passionate about - <https://donorbox.org/nonprofit-blog/fundraising-ideas>