

HOW CAN I HELP?

Ideas for volunteers who live in another country, another state, or 40 minutes outside of St. Charles County

HELP OUR FUNDRAISING EVENTS

The Megan Meier Foundation is always planning for our next fundraising event, whether it is our Annual Golf Tournament, Gobble Bowl, or Trivia Night. To raise money for MMF programs, we are actively seeking new organizations, individuals, and/or corporate businesses that would be willing to donate to our silent/live auctions, raffles, or become a sponsor. Let us know if you have any ideas regarding potential person(s) or businesses you think would be willing to donate. We are always open to new ideas!

CELEBRATE MEGAN MEIER DAY

October 17th is Megan Meier Day. Gather members of your community and decorate or wear black and white polka dots to raise awareness for bullying, cyberbullying, and suicide. You can also perform acts of kindness and tag #ChangeStartsWithMe. You can share pictures of how you celebrated Megan Meier Day on social media and tag the Megan Meier Foundation!

OCTOBER IS ANTI-BULLYING MONTH

October is National Bullying Prevention Month - a month long event to prevent childhood bullying and promote kindness, acceptance, and inclusion. Head over to Pacer's website and take part in a few of their activities and challenges to show you are a champion against bullying. <https://www.pacer.org/bullying/nbpm/>

HOST A FUNDRAISING EVENT

- 1 HAVE A BAKE SALE** - Set up a table a week or two before Christmas or Valentine's Day and sell baked goods. Encourage the bakers to make them holiday related. You could do this before school, during lunch, or even at a sports game.
- 2 AWARENESS RUN/WALK** - Work with the community to come up with a run/walk in the area. Choose a date and a route, make up some pledge forms, and advertise with posters. Have participants gather donations or pledges using their pledge forms. You can look at the different kinds like Susan G. Komen Race for the Cure or the Color Run.
- 3 PERFORM AN ACT OF SERVICE** - Rake leaves, shovel snow, take care of a pet for a donation. When offering your service, ask the person who benefited from your actions for a donation toward your worthy cause
- 4 GET CREATIVE!** - There are tons of great ideas for fundraisers out there. Check out this resource to find something that you feel passionate about - <https://donorbox.org/nonprofit-blog/fundraising-ideas>