



PROGRAM ACCOMPLISHMENTS

This year, the Megan Meier Foundation successfully reached **32,238** students, parents, educators, and professionals with school-based and community-based bullying, cyberbullying, and suicide prevention and intervention programs.

CHANGE STARTS WITH ME LEADERSHIP WORKSHOPS

The Megan Meier Foundation created “Change Starts With Me” Leadership Workshops bring together cohorts of students from different schools to spread awareness, develop knowledge, and empower youth to be leaders against bullying within their school and community. Our virtual Fall and Spring Workshops impacted **8,066** students. Following our workshop, **93%** of middle school students felt better prepared as an upstander to intervene when they witness bullying or cyberbullying.

SUPPORT CENTER

Millions of youths are affected by bullying, cyberbullying, and mental health issues yearly. The Megan Meier Foundation Support Center is a safe space for families to connect with trained staff who understand these complex issues. Through listening, supporting, and validating, we provide individualized support and build a network of care for families in need. We provided resources, support, and referrals to **58** individuals for **103** hours.

SPEAKING ENGAGEMENTS & TRAININGS

Megan Meier Foundation presentations address the issues of bullying, cyberbullying, and mental health in today’s modern world. Megan’s story touches students, parents, and educators in a profound way that reminds us to think before we speak, click, or act. MMF presentations reached **20,590** students, parents, educators, and professionals, including **2,305** reached through our educational video and curriculum. After hearing Megan’s story, **83%** of middle and high school students felt they could better identify and empathize with others impacted by bullying and cyberbullying.

COUNSELING

The Megan Meier Foundation provides free mental health counseling services to youth coping with various behavioral health issues, including depression, anxiety, suicidal ideation, self-harm, bullying-related trauma, and lack of self-esteem. This year, MMF provided **1,275 individual counseling sessions** to **114** students. **100%** of children receiving therapeutic services show physical, social, academic, emotional, or psychological improvements.

FINANCIALS (YEAR END JUNE 30, 2023)

Income		Expenses	
Grants	\$266,562	Program	\$330,528
Speaking Engagements	\$39,053	Mgmt and General	\$22,755
Consulting	\$12,000	Fundraising	\$16,029
Contributions	\$43,842	Total Expenses	\$369,312
Contributions In-Kind -		Assets	
Rent	\$15,367	Assets at start of year	\$370,650
Fundraising Events,		Assets at end of year	\$447,814
Net of Costs	\$68,461	Increase in Assets	(\$77,164)
Other Income	\$298	Total Assets	\$447,814
Interest Income	\$893		
Total Revenue	\$446,476		

BOARD OF DIRECTORS

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